

# Preparedness: The Path to Safety



## Personal Emergency Preparedness (PEP) Workshop

Doug Mosher  
OCP&R Manager

# PEP Workshop

Covers most important steps to take:

- 1) Receive alerts and notifications
- 2) Make a family emergency plan
- 3) Understand evacuations/Zonehaven
- 4) Build Go-Bags/Stay-Box
- 5) Be able to help family, neighbors and friends



All information is online on our site:

[www.oaklandcpandr.org](http://www.oaklandcpandr.org)  
([www.cpandr.org](http://www.cpandr.org))

# Detailed Guides are Available!

[www.oaklandcpandr.org](http://www.oaklandcpandr.org)

OAKLAND CP&R  
Oakland Community Preparedness & Response

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PREPARE! WORKSHOPS **GUIDES** GENOAK LISTOS CA ABOUT CONTACT OFSC

Oakland Community Preparedness & Response

**SUBSCRIBE TO OUR NEWSLETTER**

Disasters can strike at any time without warning.  
How prepared are you?

OAKLAND FIRESAFE COUNCIL

OFSC Publication #93 [View in browser](#)

A NEW CAMPAIGN FROM OFSC

**ADOPT-A-HYDRANT**  
*Seconds count!*

Give Your Community's Fire Hydrants Some Love!

# Firesafe Council Programs

[www.oaklandfiresafecouncil.org/programs](http://www.oaklandfiresafecouncil.org/programs)

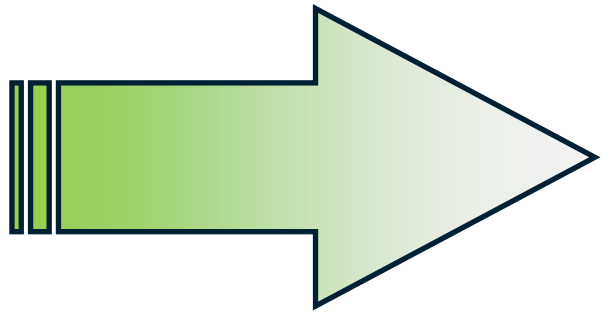
HOME	ABOUT US	RESOURCES	PROGRAMS / CAMPAIGNS	EVENTS	NEWS	DONATE
<h2>Programs / Campaigns</h2>						
Oakland Community Preparedness & Response Program						+
Firewise USA® for Oakland						+
Red Flag Warning – Now What?						+
Don't Give Embers a Chance						+
Park Like Your Life Depends On It						+
Adopt-A-Hydrant						+
GMRS Emergency Network – Oakland (GENOAK)						+
OFSC "Savvy" Town Halls						+

# Workshop Focus

- ✓ Why we need to prepare
- ✓ How to prepare (5 most important steps)
- ✓ How to respond
- ✓ How to recover
- ✓ Actions to take

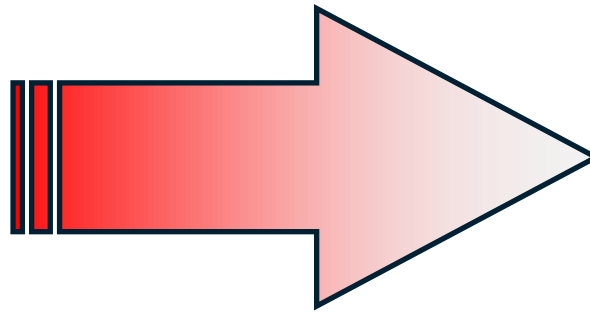
# Process Flow

Organize and Prepare



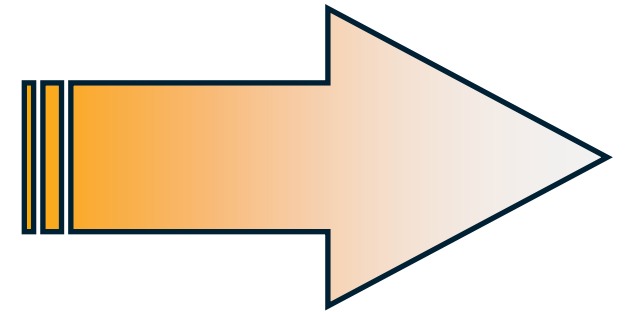
Before an  
Emergency

Respond



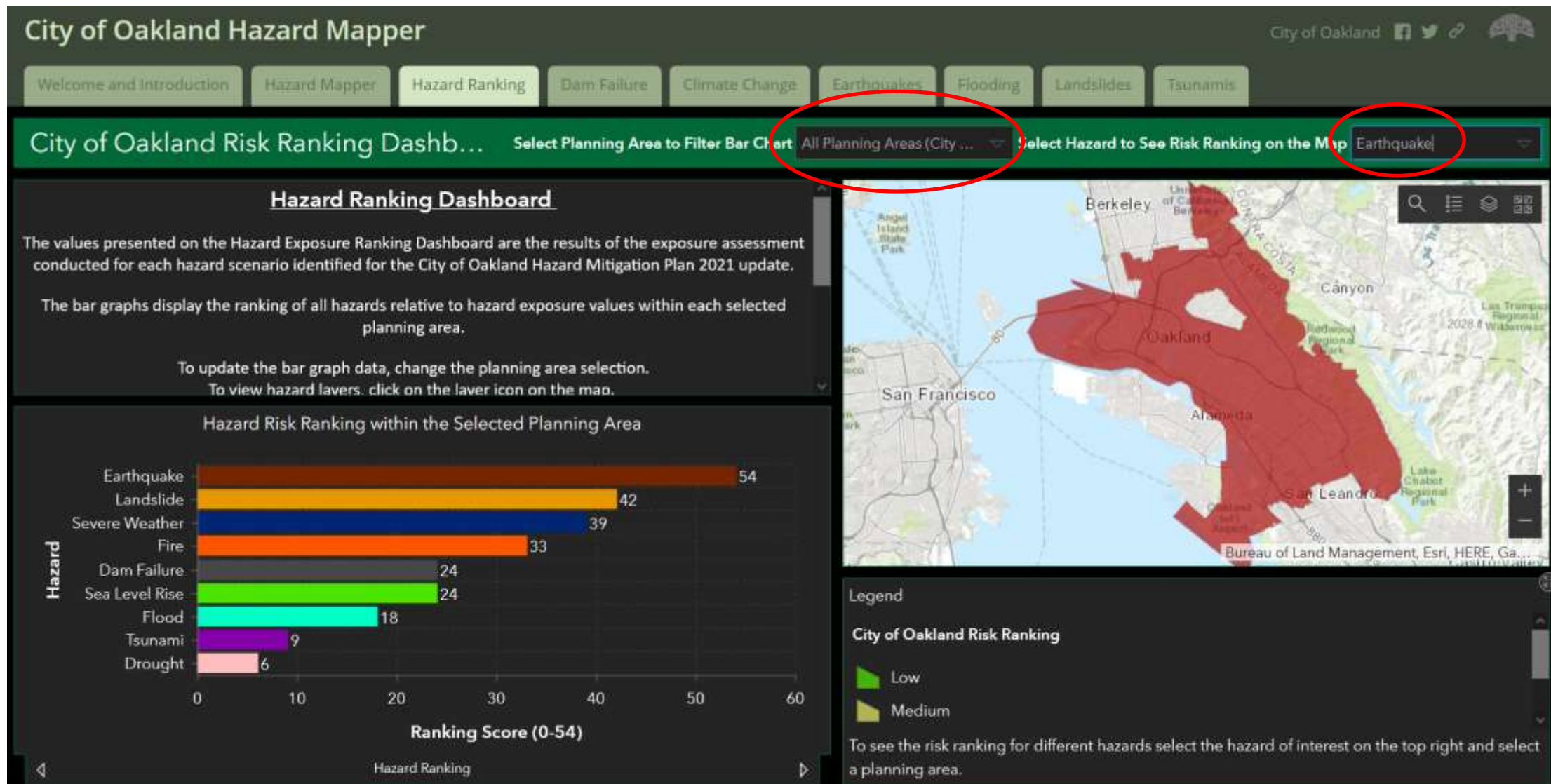
During an  
Emergency

Recover



After an  
Emergency

# Oakland Hazard Map



# We Respond First\*

“We are the help until  
help arrives”

\* However, most of us are **not**  
First Responder professionals!

We need to be able to care  
for ourselves, our families  
and our neighbors for  
several days, as first  
responders will likely be  
engaged elsewhere.

To do this requires being  
prepared!



# PREPARE

BEFORE AN EMERGENCY

- ✓ **5 Most Important Steps**
- ✓ **Be Ready!**

# 1) Receive Alerts and Notifications



**Don't delay,  
register today!**

- Will deliver emergency information and instructions to your **home phone, cell phone and/or by email**

[www.acgov.org/emergencysite](http://www.acgov.org/emergencysite)

- Cell Wireless Emergency Alerts (WEA)
- Zonehaven
- Nixle, Twitter, Citizen, Nextdoor, etc.
- GENOAK 2-way radio network  
[www.genoak.org](http://www.genoak.org)

## AM/FM Radio Alerts

- Emergency Broadcast News

- **KCBS - 740 AM**

- KGO - 810 AM

- 530 AM (emergencies only)



- FM Stations

- **KQED - 88.5 FM**



AM/FM/NOAA Radio

Follow all instructions given by police, fire or emergency responders!

# Watches, Warnings and Orders

- Fire Weather Watch: Prepare for Wildfire
- Red Flag Warning: **Exercise Caution – Be Ready!**

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- Evacuation Warning: Prepare to Evacuate
- Evacuation Order: **Take Action – Leave!**

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- Shelter-in-Place: Stay Put

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- Oakland Emergency Siren System: Monitor



## 2) Make a Family Emergency Plan

- ✓ Study a map to identify potential evacuation routes in every direction, plus local potential refuge areas



# 2) Make a Family Emergency Plan

- ✓ Study a map to identify potential evacuation routes in every direction, plus local potential refuge areas
- ✓ Designate meeting locations to reunite with family members, and an out-of-area contact to update
- ✓ Have a checklist of items to quickly grab
- ✓ Know which neighbors may need help, plan to assist
- ✓ Review and practice!



# 3) Understand Evacuations/Zonehaven

- Monitor AC Alert, AM/FM radio, etc, for an evacuation notice, be aware of your surroundings

**Know Your Zone**  
[community.zonehaven.com](http://community.zonehaven.com)



# 3) Understand Evacuations/Zonehaven

- Monitor AC Alert, AM/FM radio, etc, for an evacuation notice, be aware of your surroundings
- Assist neighbors that need help, take one vehicle or carpool
- Remember all your possible ways out
- Schools will protect children
- Have animals secured, bring them with you
- Remain as calm as possible



# 4) Build Your Go-Bag to Survive 1 - 2 Days



Build Go-Bags for your home, vehicles and workplace



# Build Your Stay-Box to Survive a Week+

And a Stay-Box with extra food and water, fire extinguishers, sanitary supplies, camping supplies, etc.



# 5) Help Family, Friends and Neighbors

- ✓ Build a connected community/organized neighborhood to better know and help each other
- ✓ Trusted support network
- ✓ Alert each other to an emergency (phone tree, d-2-d, texts, radios)
- ✓ Be Neighborhood Watch trained
- ✓ Encourage everyone to prepare

Address parking and traffic concerns!



Photo: Bloomberg.com

# Harden Your Home Against Earthquake

## Minimize structural and non-structural hazards inside and outside your home!

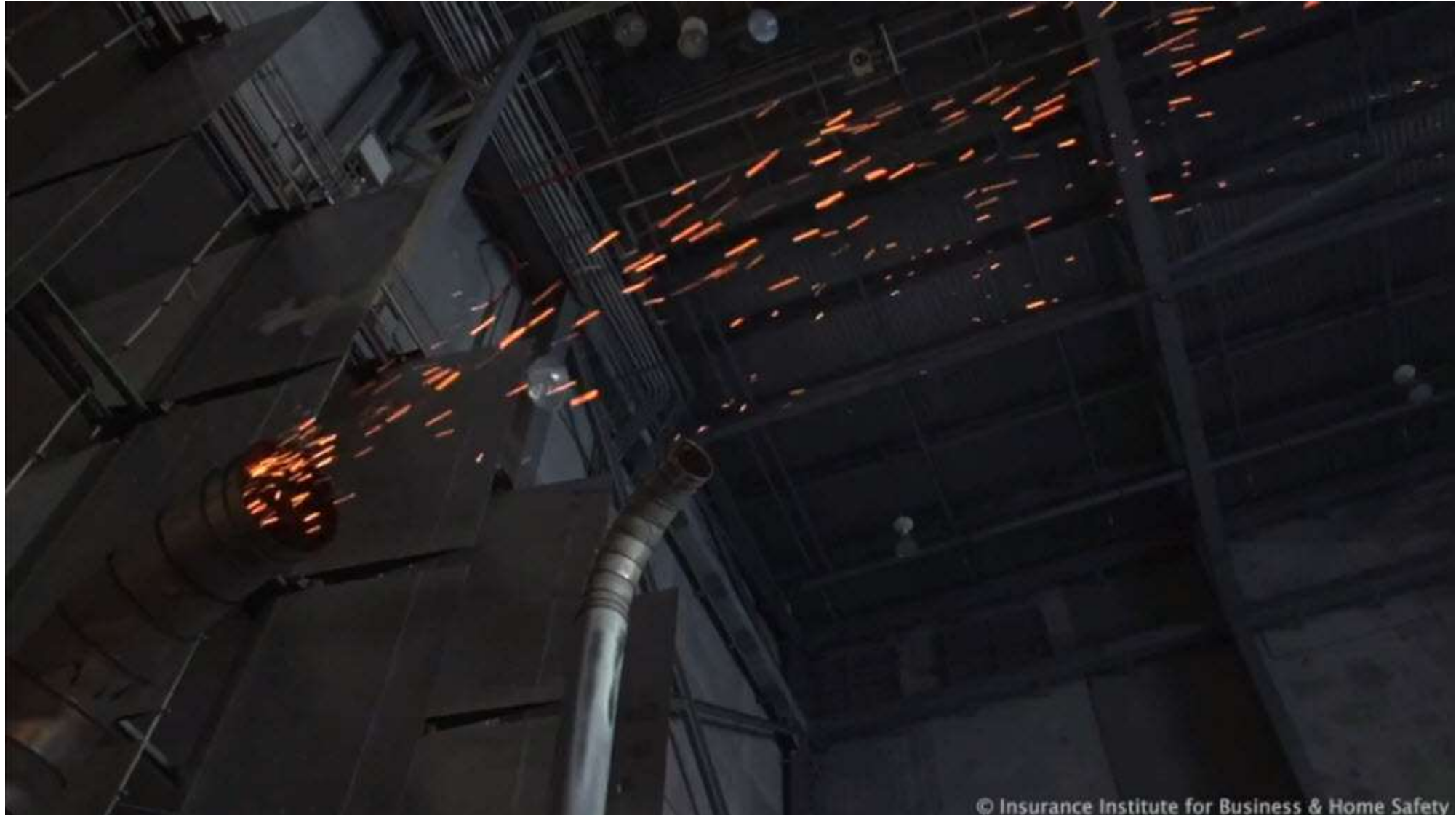
- Secure appliances, bookshelves, water heater, etc.
- Install safety latches on cabinets
- Have chimneys inspected
- Label utility shut-offs, consider an Auto (Seismic) Gas Shutoff Valve
- Have your home inspected by a contractor or engineer certified in seismic work and consider recommended seismic upgrades



Photo: Joe Pugliese / Los Angeles Times

# Why Embers are Dangerous!

Insurance Institute for Business & Home Safety



# Harden Your Home Against Fire

## Embers, radiant heat and direct flame contact will ignite structures!

- Create 5' of no combustibles around your home
- Remove flammables on or under porches and decks
- Install vent screens (1/8" mesh or less) to prevent embers from entering
- Fences should have non-combustible sections next to structures
- Have functioning smoke/CO detectors and working fire extinguishers
- Ensure roof is Class A rated, tempered double-pane windows ideal



Regularly clean roofs and gutters!

# Additional Preparedness Information

Review additional Guides at: [www.oaklandcpandr.org/guides](http://www.oaklandcpandr.org/guides)

#08 – Power Outages/PSPS

#20 – Backup Power

#11 – Home Insurance

#21 – Emergency Generators

#12 – Firewise USA

#22 – Emergency Comms

#13 - 15 – Firesafe Landscaping

#24 – Smoke Preparedness

#16 - 18 – Older Adults, Children  
and Pets

# Additional Training

**CORE:** Communities of Oakland  
Respond to Emergencies



CORE is an umbrella program that includes volunteer opportunities

**CERT:** Community Emergency  
Response Team (FEMA)



CERT is the training curriculum for individuals

<https://www.oaklandca.gov/topics/oaklandcert>

# RESPOND

## DURING AN EMERGENCY

- ✓ **Be Safe – don't become part of the disaster!**
- ✓ **Take Action**



# What Should I Do?!



What should you take when a major earthquake occurs and the ground is shaking?

# What Should I Do?!



## After the shaking is over

- Check yourself, family and home, go outside if home is damaged
- Monitor surroundings, watch for fires, expect aftershocks
- Help others in your neighborhood
- You may not need to evacuate (unless ordered or if you feel unsafe)

# What Should I Do?!



## If a fire or flood approaches

- Monitor AC Alert, AM/FM radio, ZH, 2-way radio and surroundings
- **Evacuate if ordered, or if you feel unsafe at any time; LEAVE**
- Help others in your neighborhood if possible
- When evacuating it's usually best to remain in your vehicle

# RECOVER

## AFTER AN EMERGENCY

- ✓ **Be Aware**
- ✓ **Be Helpful!**

# Evaluate and Be Safe

- ✓ Breathe, recompose and check yourself
- ✓ Evaluate your family's health
- ✓ Wear a mask, gloves, eye protection, sturdy shoes, long sleeves and pants
- ✓ Check your home for unsafe conditions



# Help Others and Check In

- ✓ Provide caring support to others, “See the Need, Say the Need”
- ✓ Check in with your contacts
  - ✓ Get in touch with your out-of-area contact
  - ✓ Send text messages during limited cell service
  - ✓ Post your status on social media
- ✓ City and American Red Cross may open shelters



# Next Steps!

# Your Next Steps

1. Register for AC Alert: [www.acgov.org/emergencysite](http://www.acgov.org/emergencysite)
  2. Make a family emergency plan
  3. Understand evacuations/Zonehaven
  4. Create your Go-Bags/Stay-Box
  5. Be ready to help others
- ✓ Prepare for power outages, smoke, etc.
  - ✓ Harden your home against earthquake and wildfire
  - ✓ Take additional training (CERT) and practice





# And Finally

Take preparedness steps one at a time

Anything you do, you are better off than before!

Review the OCP&R Guides as well as online sources  
like LISTOS California, Ready.gov, PG&E, Oakland EMSD

Encourage your friends and neighbors to prepare

Reach out to us with any questions

# Contact Us

## Oakland Firesafe Council

[ocpr@oaklandfiresafecouncil.org](mailto:ocpr@oaklandfiresafecouncil.org)

510.575.0916

[www.oaklandcpandr.org](http://www.oaklandcpandr.org)

[www.oaklandfiresafecouncil.org](http://www.oaklandfiresafecouncil.org)

[www.genoak.org](http://www.genoak.org)

